FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF **SECURITIES**

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			UI SECI	1011 30(11) (	of the live	Sunent Company Act of 18	740				
1. Name and A	Address of Reportine Mela	2. Date of Event Requiring Statement (Month/Day/Year) 09/01/2019		3. Issuer Name and Ticker or Trading Symbol Arcadia Biosciences, Inc. [ RKDA ]							
(Last) (First) (Middle) C/O ARCADIA BIOSCIENCES, INC.					Relationship of Reporting Perso (Check all applicable)     Director		on(s) to Issue	(Mo	5. If Amendment, Date of Original Filed (Month/Day/Year)		
202 COUSTEAU PLACE, SUITE 105					X	Officer (give title below)	Other (spe- below)	/ [0.1	ndividual or Joint plicable Line)	/Group Filing (Check	
(Street)						Chief Financial C	Officer	X	_	, ,	
DAVIS CA 95618									Form filed by More than One Reporting Person		
(City)	(State)	(Zip)									
			Table I - Noi	n-Deriva	ative Se	curities Beneficiall	y Owned				
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)				4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock						1,238 D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
1. Title of Derivative Security (Instr. 4)			2. Date Exercisable an Expiration Date (Month/Day/Year)		3. Title and Amount of Securi Underlying Derivative Securi			4. Conversion or Exercise	ise Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
			Date Exercisable	Expiration Date	on Title		Amount or Number of Shares	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)		
Stock Option (Right to Buy)			(1)	11/01/201	19	Common Stock	188	44.8	D		
Stock Option (Right to Buy)			(1)	01/01/202	20	Common Stock	219	44.8	D		
Stock Option (Right to Buy)			(1)	01/01/202	21	Common Stock	25	271.2	D		
Stock Option (Right to Buy)			(1)	12/31/202	22	Common Stock	38	271.2	D		
Stock Option (Right to Buy)			(1)	10/29/202	24	Common Stock	125	122.4	D		
Stock Option (Right to Buy)			(1)	02/11/202	25	Common Stock	350	144	D		
Stock Option (Right to Buy)		(2)	08/18/202	26	Common Stock	250	42.8	D			
Stock Option (Right to Buy)			(3)	06/08/202	27	Common Stock	5,000	14	D		
Stock Option (Right to Buy)			(4)	09/18/202	28	Common Stock	8,700	4.63	D		
Stock Option (Right to Buy)			(5)	06/03/202	29	Common Stock	4,100	5.04	D		

## **Explanation of Responses:**

- 1. All shares are exercisable as of the date of this filing.
- 2. The options were granted on 8/18/2016 and the vesting occurs as follows, subject to the Participant's continued service: (1) 25% of the shares vest on the first anniversary of the date of the award and (2) 75% of the shares vest in 36 equal installments, the first installment occurring on the last day of the month in which the initial vesting date occurs.
- 3. The options were granted on 6/8/2017 and the vesting occurs as follows, subject to the Participant's continued service: (1) 25% of the shares vest on the first anniversary of the date of the award and (2) 75% of the shares vest in 36 equal installments, the first installment occurring on the last day of the month in which the initial vesting date occurs.
- 4. The options will vest monthly in equal installments over a period of two years from the date of the grant, 9/18/18, subject to the Participant's continued service.
- 5. The options were granted on 6/3/2019 and the vesting occurs as follows, subject to the Participant's continued service: (1) 25% of the shares vest on the first anniversary of the date of the award and (2) 75% of the shares vest in 36 equal installments, the first installment occurring on the last day of the month in which the initial vesting date occurs.

## Remarks:

Pamela Haley, by Attorney-in-Fact, Sheila Khayami

\*\* Signature of Reporting Person

09/10/2019

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Know all by these presents, that the undersigned hereby constitutes and appoints each of Sheila Khayami, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of Arcadia Biosciences, Inc. (the "Company"), Forms 3, 4 and 5 (including amendments thereto), and for the purpose of filing such Forms, to make a request to the Securities and Exchange Commission ("SEC") to UPDATE PASSPHRASE for the purpose of regenerating EDGAR codes, all in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and the rules and regulations thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned that may be necessary or desirable to complete and execute any such Forms 3, 4 or 5 and timely file such form (including amendments thereto) with the SEC and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution and revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorney-in-fact, in serving in such capacity at the request of the undersigned, is not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Exchange Act.

The undersigned agrees that such attorney-in-fact may rely entirely on information furnished orally or in writing by the undersigned to such attorney-in-fact. The undersigned also agrees to indemnify and hold harmless the Company and such attorney-in-fact against any losses, claims, damages or liabilities (or actions in these respects) that arise out of or are based on any untrue statement or omission of necessary facts in the information provided by the undersigned to such attorney-in-fact for purposes of executing, acknowledging, delivering and filing Forms 3, 4 or 5 (including amendments thereto) and agrees to reimburse the Company and such attorney-in-fact for any legal or other expenses reasonably incurred in connection with investigating or defending against any such loss, claim, damage, liability or action.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 or 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier (a) revoked by the undersigned in a signed writing delivered to the foregoing attorney-in-fact or (b) superseded by a new power of attorney regarding the purposes outlined in the first paragraph hereof as of a later date.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 9th day of September, 2019.

/s/ Pamela Haley Pamela Haley