SEC For	rm 4																	
	FORM	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549														OMB APPROVAL		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).				FEMENT OF CHANGES IN BENEFICIAL OWNER Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										HIP	Estima	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		
1. Name and Address of Reporting Person* <u>Plavan Matthew T</u>					2. Issuer Name and Ticker or Trading Symbol Arcadia Biosciences, Inc. [RKDA]									ck all applica Director	able)	, 10% Own		vner
(Last) (First) (Middle) C/O ARCADIA BIOSCIENCES, INC. 202 COUSTEAU PLACE, SUITE 105					3. Date of Earliest Transaction (Month/Day/Year) 01/21/2021									below)		ef Executive Officer		
(Street) DAVIS	(Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)		Person																
Date				2. Transac	tion	2A. Deem Executior if any	A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		(A) or	or 5. Amoun		Form	Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	v	Amount	(A) or D)	Price	Transaction				(1150.4)
Common	Stock		Table II - D		/e Sec			p Juired, D s, optior			, or B				285		D	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	te, 4. Code	saction e (Instr.	5. Number of Derivative		6. Date Ex Expiratior (Month/Da	ercisa	able and	ble and 7. Title and Among of Securities		mount	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	e s dly g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	e V	(A)	(D)	Date Exercisab		Expiration Date	Title	OI N	mount umber Shares		(Instr. 4)			
Stock Option (right to buy)	\$3.05	01/21/2021		A		250,000		(2)	0)1/21/2031	Comn Stoc		50,000	\$0.00	435,45	50	D	

Explanation of Responses:

1. Reflects the purchase of 585 shares of the Issuer's Common Stock on 8/3/20 at a per share purchase price of \$3.16 pursuant to participation in the Issuer's 2015 Employee Stock Purchase Plan.

2. The options will vest monthly in equal installments over a period of four years from the date of the grant, 01/21/2021, subject to the Participant's continued service.

Remarks:

Matthew Plavan

by Attorney-in-Fact, Pamela haley

01/25/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.