FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL					
OMB Number: 3235-0287					
Estimated average burden					
hours per response:	0.5				

	Check this box if no longer subject to					
\Box	Section 16. Form 4 or Form 5					
\cup	obligations may continue. See					
	Instruction 1(b).					

Instruction 1	(b).			rsuant to Section 16(a) or Section 30(h) of the Inv					4	liouis	рег георопос.	0.0
1. Name and Address of Reporting Person* Schaefer Thomas J. (Last) (First) (Middle) C/O ARCADIA BIOSCIENCES				S. Issuer Name and Ticker or Trading Symbol Arcadia Biosciences, Inc. [RKDA] 3. Date of Earliest Transaction (Month/Day/Year) 01/03/2023					elationship of Reporting Person(s) to Issuer eck all applicable) Director 10% Owner Modern Conficer (give title below) below) Chief Financial Officer			
202 COUSTEAU PLACE, SUITE 105			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)			6. Indi	6. Individual or Joint/Group Filing (Check Applicable				
(Street) DAVIS	CA	95618							X	Form filed by One Form filed by Mor Person		
(City)	(State)	(Zip)										
·	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
Date		2. Transaction Date (Month/Day/Y	Execution Date,	(A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

6. Date Exercisable and

Expiration Date (Month/Day/Year)

5. Number

Derivative

Securities Acquired (A) or Disposed

of (D) (Instr. 3, 4 and 5)

(D)

(A)

50,000

Transaction

Code (Instr.

8)

Code

A

(Right to Buy)

\$0.28

Conversion or Exercise

Price of Derivative Security

Explanation of Responses: 1. The options were granted on 1/3/2023 and the vesting occurs as follows, subject to the Participant's continued service: (1) 25% of the shares vest on the first anniversary of the date of the award and (2) 75% of the shares vest in 36 equal installments, the first installment occurring on the last day of the month in which the initial vesting date occurs.

Date Exercisable

(1)

Expiration Date

01/03/2033

Remarks:

Stock Option

1. Title of

Derivative Security (Instr. 3)

Thomas Schaefer, by Attorney-01/05/2023 in-fact, Solaeta Chan

7. Title and Amount

Derivative Security (Instr. 3 and 4)

Amount or Number

Shares

50,000

of Securities Underlying

Title

Common

Stock

8. Price of

Security (Instr. 5)

\$0.00

9. Number of

derivative Securities

Beneficially Owned Following

(Instr. 4)

Reported Transaction(s)

159,000

10.

Ownership Form:

Direct (D)

or Indirect (I) (Instr. 4)

D

11. Nature

of Indirect Beneficial

Ownership

(Instr. 4)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

3A. Deemed

Execution Date,

if any (Month/Day/Year)

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

3. Transaction

Date (Month/Day/Year)

01/03/2023

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.