FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington, D.	.C. 20549	
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STATEMENT	OF CHANGES	IN BENEFICIAL	_ OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Murray Lilian Shackelford					2. Issuer Name and Ticker or Trading Symbol Arcadia Biosciences, Inc. [RKDA]							(Ch	neck all appl $old X$ Direct	or 10% O		10% Ov	vner	
	CADIA BIO	OSCIENCES, IN				3. Date of Earliest Transaction (Month/Day/Year) 07/08/2020								Office below	r (give title)		Other (s below)	pecify
202 COUSTEAU PLACE, SUITE 105					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)				
(Street) DAVIS	CA	A !	95618											X Form	Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(St	ate) ((Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,			Code (Instr. 5)				Benefic	es Forn ially (D) o Following (I) (Ir		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
										v	Amount	(A) o (D)	r Price	Transac (Instr. 3	tion(s)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any		ransaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)			Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)				
					Code	v	(A)	(D)	Date Exercisal		xpiration ate	Title	Amount or Number of Shares					
Stock Option (right to buy)	\$3.73	07/08/2020 ⁽¹⁾			A		753		(1)	0	7/08/2030	Common Stock	753	\$0.00	23,210		D	

Explanation of Responses:

1. The Option will become 100% vested and exercisable on July 8, 2021.

Remarks:

Lilian Shackelford Murray, by

07/10/2020 Attorney-in-Fact, Summer

Howard

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.